FIG. 1 (PRIOR ART)

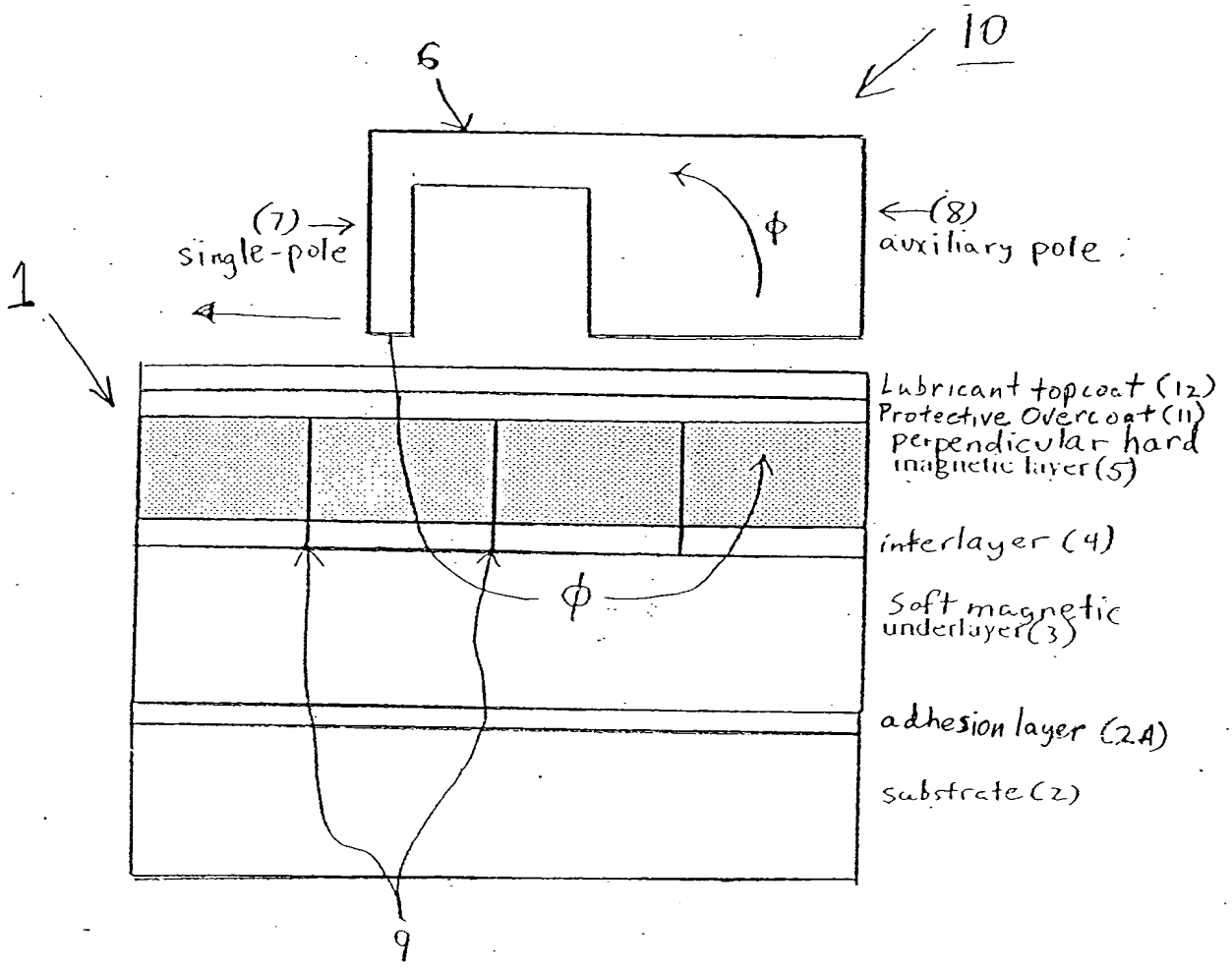


FIG. 2

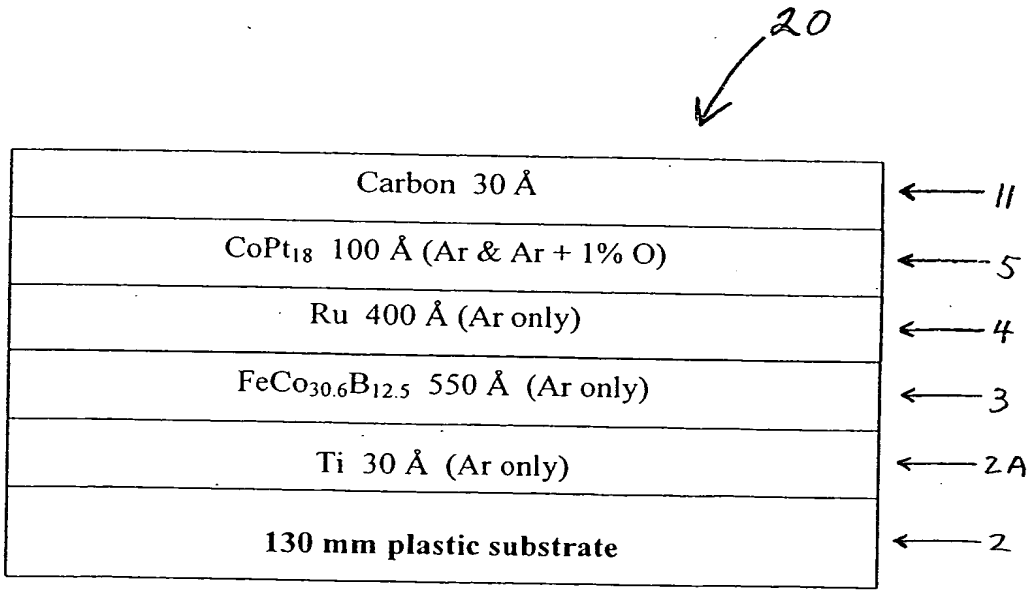


FIG.3

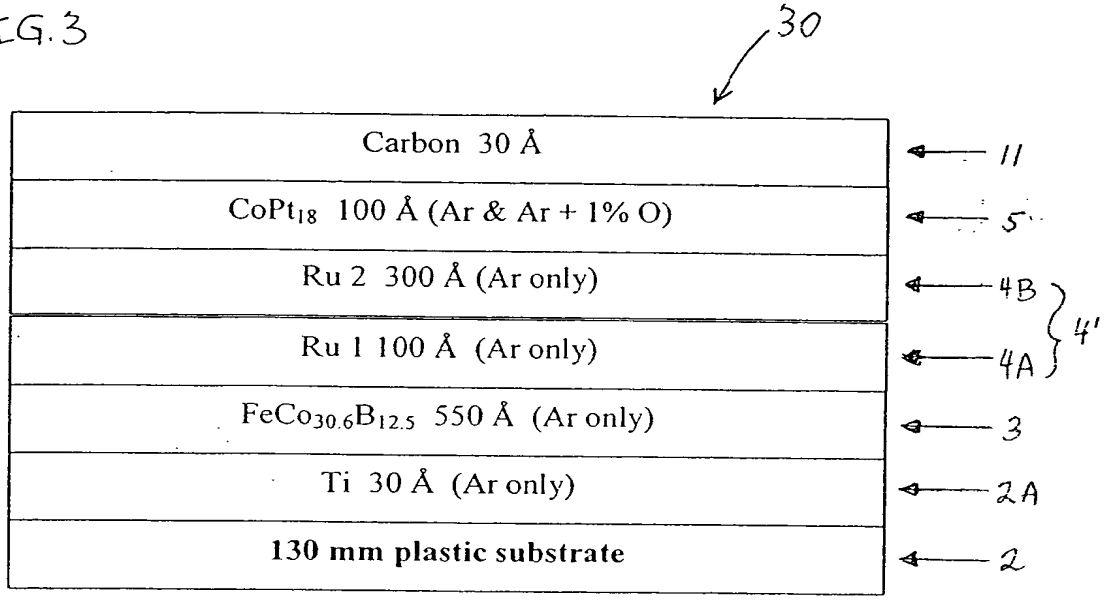
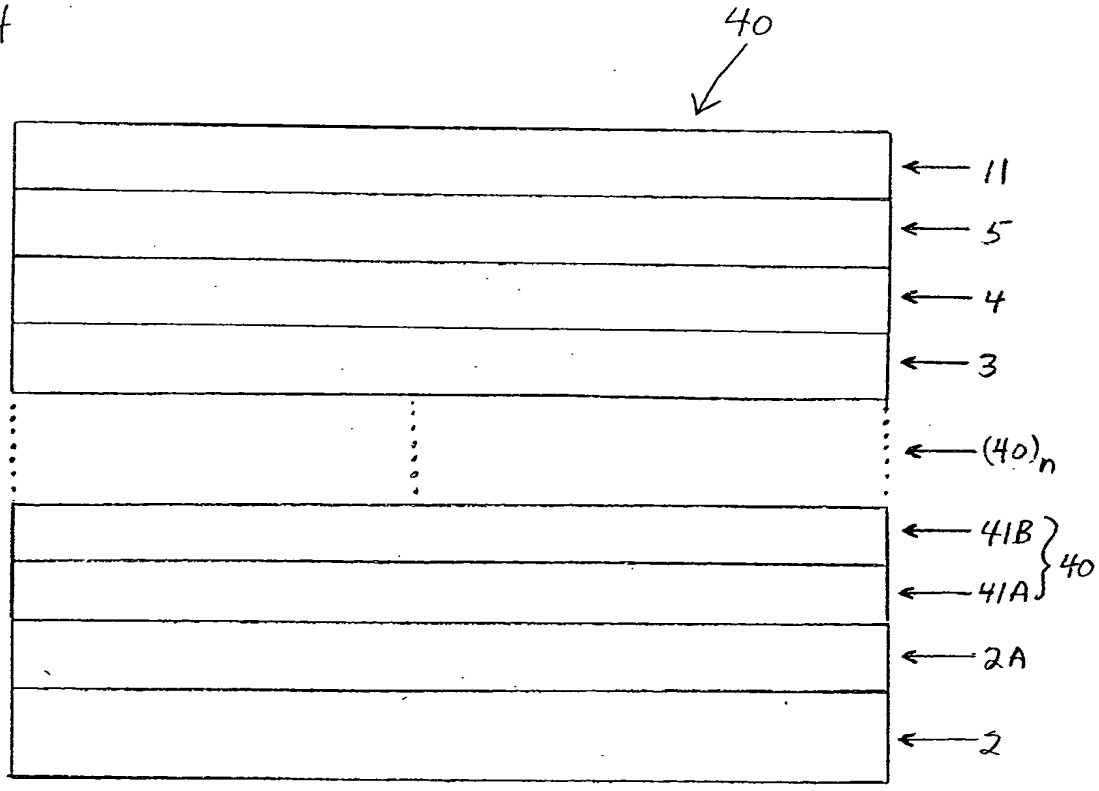

30
Carbon 30 Å
$CoPt_{18}$ 100 Å (Ar & Ar + 1% O)
Ru 2 300 Å (Ar only)
Ru 1 100 Å (Ar only)
$FeCo_{30.6}B_{12.5}$ 550 Å (Ar only)
Ti 30 Å (Ar only)
130 mm plastic substrate
11
5
4B
4A
4'
3
2A
2

FIG.4


40
11
5
4
3
$(40)_n$
41B
41A
40
2A
2